

Talkback

Talkback Newsletter

www.aphasia.asn.au

SEPTEMBER 2014

A photograph of a garden scene. In the foreground, there are several bright yellow flowers with green leaves. To the left, a stone path leads into the background. The background is a lush green lawn.

**SOCIAL EVENTS :
A DAY TRIP TO THE
ABC STUDIO**

**NEW ONLINE
RESOURCES FOR
PEOPLE WITH
APHASIA**



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Association
for Aphasia Inc

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CHAIRPERSON'S REPORT

Chair Report March 2014



Chairperson:
Bev Dodd

The **delayed 2013 AGM** at the Seven Stars went well. Everyone enjoyed the dinner and mixing together. I have summarized some of the key points from my Chair report. A copy of this can be sent to you if you would like to

read it in full. We had a couple of **new people** join the Committee and have had expressions of interest from others. It is terrific to see new people getting involved with the Committee. We will have details of the new Committee on the website soon.

It was good to see so many members at the **ABC tour**. The event was very successful and members found it interesting to see the radio and TV studios.

Our **big news** is that we have agreed to host the **Australian Aphasia Association Conference** in **2016**. A group met together this week to start the **planning** for this.

Anne Bunning, our **Treasurer** and **Stephen Pugh**, one of the new members attending committee meetings have agreed to **co-convene** the conference. This will be a major undertaking for us over the next two years.

Last edition, I wrote about a **website** with easy to read resources. Recently I heard about a resource for people with **aphasia** and **professionals**. This information has been provided by the **Tavistock Trust for Aphasia**. It is in this edition.

If you have any ideas you want to share with the Committee, please e mail the office (**talkback@aphasia.asn.au**) or leave a message and we will get back to you.

Bev Dodd
Chair

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Cover picture:
Gardener in the distance in Adelaide



AGM REPORT 2012-2013

Summary of Chairperson's Report to the 2013 Annual General Meeting

This has been a very busy but productive year. At the last **AGM** we foreshadowed that we would need to co-opt more members onto Committee. Sarah, Deb and Josie all joined the Committee at the end of 2012.

Social Events

We have had a focus on social events and services for our members. Sarah, Vic and Josie took over planning for social events very capably.

We had a range of social events. The first was a fun afternoon at the **Adelaide Museum** with a private tour of the exhibition **'Built Tough: The Awesome Roman Empire'**.

In May, we had morning tea at the kiosk in the **Botanic Gardens**. This was followed by a tour of the gardens with two excellent tour guides.

In September, the Talkback association held a fundraising movie event at **Mitcham Cinema** with the film **"Now you see me"**. This was very successful and **130 people** attended the event. Thanks to Danny and Romeos for the tasty chips.

In September we also celebrated **Wednesday Without Words** by having a dinner at the Seven Stars Hotel.

Services for members

We have continued to support **Talkback** and **Other Groups** during the year. We have improved links with groups. Thanks to Trevor

and Coralie for maintaining contacts with the various groups.

The **Computer Club** continued to meet regularly. The group was again supported by **speech pathology students**.

The **Retune Choir** continued to be a valued service. It finished 2012 with a performance in a combined concert with the Gay and Lesbian Qwire and the Mitcham City Brass Band under the leadership of Justin Gummer. Thanks to Deb and Vic for the ongoing organisation around the choir



The **newsletter** continues to be a high quality production. Danny, as Editor, and his family and friends continue to do an excellent job on the newsletter.

The **website** was significantly updated during the year. Committee is now trying to ensure upcoming events are on the website. Thanks Tom and Anne for co-ordinating the updates.

AGM REPORT 2012-2013

Raising the Profile of Talkback and aphasia

This was not a major focus for the year, although we took advantage of some opportunities to **raise** the **profile** of aphasia and the Talkback Association.

Anne and Tom met with a **politician**, Kate Ellis to talk about **aphasia awareness** and support services. Talkback also provided information about aphasia for a **Disability Awareness Day**.

In August 2013, Josie was the co-host of the radio show **"Radiolink"**. Josie talked about aphasia and also about Talkback.

Other Issues

We again sold tickets in the **Australian Central Lottery** and again raised \$600.00. Thanks to Ingrid for organising this

Our volunteers are very important in running the office. Thanks to Sandy, David and Kate who continued look after the office matters.

Committee decided in October 2012 to get out of the GST system. Anne spent many hours and a lot of effort on this. We finally received notification that we were out of the GST system earlier this year.

This committee has worked very well together and I would like to thank all the committee members for their work over this period.

Bev Dodd

Chair

TALKBACK NEWS

Understanding Aphasia - a free video link to increase awareness

Understanding Aphasia – A free educational resource launched to **increase awareness** for **National Stroke Week** in Australia (**8-14th September 2014**).

Please find a link below to a **free video** aimed at **increasing awareness** and understanding of the effects of living with a communication difficulty caused by brain injury (Aphasia).

<https://www.youtube.com/user/understandingaphasia>

Aphasia is a complex condition which varies in **every individual**. Some have **difficulty understanding speech**, some find it **hard to talk**, while others have difficulty **reading** and **writing**. In cases of **severe aphasia** all these four modes of communicating can be significantly affected.

Millions of people **suffer** from aphasia around the world, largely due to a **30%** prevalence in **stroke survivors**. How much do we really understand the impact on people's lives? What can we do to improve the quality of life for people with aphasia? It's time that this population has a **voice**. It starts with awareness, breaking down misconceptions. It needs to conclude with a challenge of how we can better support people with aphasia, so they can feel connected and integrated into their communities.



The **video** comes in a short and extended version. We invite you to use either video as a tool to educate others, particularly in the **health sector**, where our care can only be enhanced by good communication.

Please share this **link** with friends, family and colleagues and help raise awareness.

Aphasia: FIND the opportunity, MAKE the difference

**Thank you
Ffion Walker**

Director of “Understanding Aphasia Project”

All comments are welcome via our Facebook page:

<https://www.facebook.com/UnderstandingAphasia>

TALKBACK NEWS

Have you heard about the companion card?

Companion Card is available to people with a permanent disability needing help from a carer. The card entitles a companion to free entry to participating venues and activities. In South Australia the Companion Card is free and valid for ten years.

You can apply for a Companion Card if:

- You live in South Australia
- You have a significant and permanent disability
- You are unable to participate at community venues and activities without help from a carer
- Your need for support will be lifelong

To apply for a Companion Card:

- Telephone 1800 667 110 to have a Cardholder Application form posted to you OR download the form from:
http://www.sa.companioncard.asn.au/downloads/App_Form_2012.pdf
- Fill out the application form and send it to:
Companion Card Program
GPO Box 292
Adelaide SA 5001
- You will need to send two identical passport sized colour photos with your application



Venues that accept the Companion Card:

- Adelaide and Monarto Zoo
- Art Gallery of South Australia
- National Motor Museum
- Event, Hoyts, Reading, Trak, and Wallis Cinemas
- SANFL
- South Australian Museum
- State Opera of SA
- A full list of participating venues is available online at:
<http://www.sa.companioncard.asn.au/affiliateslist.html>

TALKBACK NEWS

WA AAA Conference 2014

REGISTER NOW
www.trybooking.com/FASL









PERTH, WESTERN AUSTRALIA
 2nd & 3rd October 2014

The **Australian Aphasia Association 2014 National Conference** is being held in **Perth** WA. People with aphasia, family members, clinicians, and researchers will be presenting on a range of topics related to the theme **Talking, Thinking, Moving forWARD**.

The Keynote speaker Professor Claire Penn is an internationally renowned expert in the development of services for people with aphasia.

A few of the presentations are in the boxes below. The full programme will be published nearer the time.

<p>Working with Families</p>	<p>Connecting with your Community</p>	<p>Your Rights</p>
<p>Recovering Roles after Stroke In the Blink of an eye </p>	<p>Communication: An Access Issue Education Challenges: </p>	<p>SMARTER Rehabilitation Goals Moving Forward with Aphas in New Zealand </p>
<p>Technology</p>	<p>Being Creative with Aphasia</p>	<p>Tell your Story</p>
<p>Technology, iPads and Aphasia My iPad and Aphasia </p>	<p>The Choir of Different Strokes When Words are not Enough </p>	<p>15 Years with Aphasia Sailing after Stroke </p>

VENUE: 'THE RISE' 28 Eighth Ave, Maylands

For more detailed information visit the Australian Aphasia Association Website: www.aphasia.org.au

Register on-line: www.trybooking.com/FASL

SOCIAL EVENTS

ABC Tour

On **Thursday 28th August**, 27 Talkback members enjoyed a tour of the ABC studios at Collinswood. We met in the ground floor café at 12.00 noon for a delicious, light lunch.

At 1.00pm our tour started. Rosie, Yvonne & Grant were our tour guides and they took us on a very **informative** and **interesting** tour that lasted around **90mins**.



We visited a program set and heard about the **history of ABC radio and TV** in Adelaide. It was interesting to hear about the consideration

of acoustics in the design of the building. We learnt that there are now around 300 people "doing their work" on the site of the ABC. We squeezed into a small studio and learnt about the filming of the **popular children's** news show "**BtN**", that is screened on ABC 3.

We were able to visit the studios of ABC 891 Adelaide and were fortunate to stand quietly in the background during part of Sonya Feldhoff's "Afternoons" program. Our last stop was in the sound **library** - home for **130 000** CD's. The ABC staff member, Andrew, was well prepared to

talk to a group of people with **aphasia**. He gave an excellent, well paced, talk about the history and current use of the sound library.



Thanks to the ABC at Collinswood for taking us on a terrific tour. All staff members were wonderful. Thank you to our committee members, **Sarah** and **Josie**, for all your work in organising this tour for the Talkback Association.

Coralie Hayley
Speech Pathologist
Talkback Committee



WEBSITE

Tavistock Trust for Aphasia's Aphasia Software Finder



Many of you will be familiar with the **Tavistock Trust for Aphasia's Aphasia Software Finder (ASF)**, the **online resource** that supports the selection of the most suitable **software** and **apps** for **people** with **aphasia**.

From the initial idea and design, we have tried to make the website **accessible** for people with aphasia, as well as for professionals and any others with an interest in this topic.

We are **pleased to announce** that almost every page on our website now has a **specially created help video**. These videos **aim** to **assist** people with language and communication disorders to make **full use** of the Aphasia Software Finder. The professionally produced videos **explain how to use** the features on **each page**.

For all aphasia software and aphasia apps there are two pages of analysis. One that designed to be more 'aphasia friendly' and one aimed more for the speech and language professional.

We know that there is a **lot of complex information** on the website. We **hope** that the **design** and now, these **videos**, will **make the site** as **user friendly** as possible.

For those who visit the Aphasia Software Finder occasionally, we have a **'what's new' page**. This is a **rolling list** and will always show what has been added or amended over **the most recent last two months**. The aim is to save you the trouble of searching the whole site to see what is new.

This **online resource is free to use**, funded by The Tavistock Trust for Aphasia. **<http://www.aphasiastsoftwarefinder.org>**, please **spread the word** so that as many can benefit from it as possible.

With thanks and best wishes,

Nicole Campbell
Trustee
The Tavistock Trust for Aphasia

IN MEMORY

Vale: Hans Palm

Hans Palm was a loved member of the **Hove Talkback group** for around **12 years**. His wife, **Ingrid**, is a committed **Talkback group volunteer** and has been a recent **member** on the committee of the **Talkback Association**.



Hans and Ingrid

Hans was born on the 28th of June, 1936 in Challottenburg, Berlin. He and his family migrated to Australia in 1952. Hans was a **plumber** and he met Ingrid in 1956 when Ingrid's father and he were both plumbers working in the same company. In 1961 Hans and Ingrid were married and soon had two children, Christine and Hans.

Hans formed his own business in 1970, and became known for the quality of his workmanship.

The **River Murray** played a major role in the life of the Palm family, where they pursued a major pastime of water skiing and generally relaxing.

Hans and Ingrid had a very full social life, entertaining friends at home and attending both the **German Club** and the **Donaushwaben Club**. Hans was a member in the **Stamp Collectors Group** and both he and Ingrid were active in the **German Bushwalkers Group**, taking part in camps in The Grampians, Clare, Robe and many visits to Tanunda for New Year celebrations.

In **November 2000** Hans suffered a major stroke, resulting in **loss of speech** due to **aphasia** and **paralysis** of the **right side** of his body. He retired from plumbing after a career of 46 years. A little later Ingrid sold her hairdressing business and she and Hans embarked on 12 years of **wonderful travel adventures**.



The Hove Talkback group was regularly entertained in hearing about their latest travel destination. They travelled in Australia and saw lots of the country including Perth, Kalgoorlie, Margaret River, Broome, Darwin, Queensland, Ballarat, including travel on both The Indian Pacific and The Ghan.

Overseas **travel destinations** included Germany in 2004, followed by Canada and the USA and Singapore; an Alaska Cruise in 2011, New Zealand cruise in 2012, and then their **last cruise** – to Hawaii in April/May of this year. It was on this trip that Hans suffered a **Heart Attack** complicated by **subsequent organ failure**. He and Ingrid spent two weeks in Noumea before being transferred back to Adelaide by Air Ambulance, where he remained in hospital until his death on June 4th.

We say farewell Hans. We will miss you as a regular participant in the Hove Talkback group. Our thoughts are with Ingrid and we are thankful for her ongoing commitment to the Hove Talkback group.

Coralie Hayley
Speech Pathologist
Talkback Committee

TALKBACK GROUPS

HENDON TALKBACK GROUP

This is an article from Carolie Pearce, member from Talkback group in Hendon.



A FOND FAREWELL

On the 4th July 2014 our **Hendon Talkback** said goodbye to **Eloise Gato**, our **speech pathologist**. She is moving away from Hendon and going to a new job. We've missed her a lot, and we still do.

Oh no – **we no longer** have a **speech pathologist** at Hendon!

Many people are affected.

We had to do something in our Group once a week, because we always enjoyed it.

We were very disappointed so (run by Coralie and Evelyn) thought we might have an informal Group on a Friday morning at Evelyn's home – but again – **no speech pathologist!!**

We do the same things in Talkback, like tea and coffee, cake and biscuits and chatting with our friends in our Group.

We're trying to make our Fridays as normal as we can. So far, so good.

Also, on Monday afternoons, Coralie and three other ladies meet at Coralie's home.

We call them "**The Girls**" and we have a lot of laughter at the Talkback Group.

On our very last morning tea at Hendon, we had a **farewell**. Eloise's work was finished and Hendon was finished. It was a bit **sad**.

It was like a party though. We had little pies and pasties, cakes, all sorts of yummy things.

Everyone had a good time.

Hope everyone saw our Group in the Newsletter.

So **hopefully**, perhaps soon as we can, we'll have a **new** speech pathologist at Hendon.

Coralie Pearce

Talkback Member

coral.pearce@bigpond.com

We hope to have the Hendon group back up and running again very soon. For more information please contact Chris Degoia, Co-Ordinator, Day Therapy Centre on 8243 1844.

HOVE TALKBACK GROUP

The Hove Group started on **Tuesday February 4th 10am - 11.30am** at Alwyndor, 52 Dunrobin Rd, Hove. During School Terms

For further information, contact **Coralie Hayley, Speech Pathologist** on **8177 3277**

MORPHETT VALE TALKBACK GROUP

The Morphett Vale Group started on **Thursday January 30th 9.45am - 11am** at **126 Pimpala Rd, Morphett Vale**. During School Terms

Please contact **Coralie Hayley** at **Southern Therapy Service, ECH**, on **8322 5700** for further details.

TALKBACK GROUPS

MT BARKER TALKBACK GROUP

Please encourage people in the **Adelaide Hills/Strathalbyn** area, who would benefit from a Talkback group, to contact Anna Cameron, Speech Pathologist on 8393 1833, or by email to me: anna.cameron@health.sa.gov.au.

MURRAY MALLEE TALKBACK GROUP

The Murray Bridge group meets at the Murray Mallee Community Health Service. We meet on **Wednesdays 10:00 - 11:30am**. Contact: **Kristen Brown (Speech Pathologist) 8535 6800** for session times in 2014.

REPAT TALKBACK GROUP

The **Repatriation General Hospital** is proud to announce that we have commenced running a Talkback Group at our site. The **Repat** has a long history of providing services for adults with **communication difficulties**, so we feel that it's important for services like this to be offered as they increase communication opportunities and social engagement for our clients.

The group began running in **April 2013** and members have enjoyed the companionship of a core group of members, as well as new members who have attended. The group has been run by speech pathologists **Amy Muir** and **Krissy Ferber**, and also our volunteers John and Desiree.

The group runs every **Tuesday** from **10am - 11:15pm**. For those interested in attending, please contact **Amy Muir, Speech Pathologist**, on **8276 9666**.

SPECIAL GROUPS

COMPUTER CLUB

The Computer Club meets every **Monday at 1.30pm** at the **Burnside Library**. Coffee and chat follows after each session. The Computer Club will continue to be largely run by student volunteers.

The computer club runs from February to December.

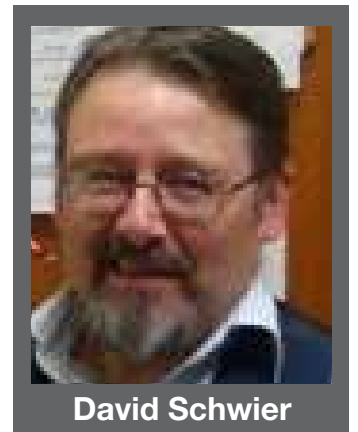
If anyone is interested in joining the group, please ring me on **8222 1463** (work)

MARDEN COFFEE CLUB

Hi Coffee Lovers

If you are in the area, call in and have a decent cup of coffee. We have 6 - 10 people who meet every **Tuesday** from **11 - 12pm**.

Ring me, David on **8336 8550** about the **Marden Coffee Club**.



HENDON GROUP COFFEE CLUB

The **Hendon Group Coffee Club** meets every **Thursday** morning at **10.00am** for approximately one hour at *Cinos Cafe*, West Lakes.

Anybody wanting more information or to go along and have a chat, please ring the Talkback office on **8443 5555**.

COMMUNICATION GROUP

The group meets at **Paradise & Eastern Community Services**, 61 Silkes Road, Paradise South Australia 5075.

You can contact **Marianne Newberry** on **8337 4371** for more information and sessions times.

ALBIE'S SNIPPETS

Many old towns

We don't know about everything, but as we get **older** we seem to see things **different**. You can remember about old things, but, the young people want new things, and they don't want any old things. However, when the young ones are about 60, or years older, then they can see the different change of life, and things in many ways.



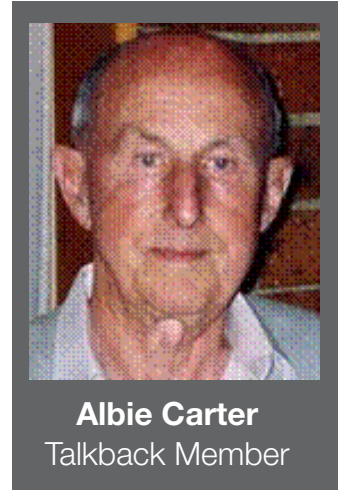
Heritage & Nautical Museum

Viv and I started to go to **Port Wakefield**, had a pasty and drink at the bakery and drive up the South Hummocks to Kulpara, then right to **Bute**. In the late 1940 years and early 1950's, my friend picked me at the railway and to his parents house towards Bute. I went a couple of times. The Bute community area had wonderful "Balls", and after the dancing etc,

they have magnificent suppers. Now the town seem **dead**. Some of the farmers houses have gone, but the crops are bigger.

From Bute , we went on to **Port Broughton**. The place is nice, but the holiday areas get more people and caravans. Then town Alford, nearly dead. Then Tickara, a small town and with new houses. A small information "Tickara" is the best place to find crabs.

Wallaroo, and we arrived in a new area. Many new houses, boats, a new "place". But the old town is OK., and plenty to see. The **Nautical Museum** is old, but is good. You can see "George", the "Giant Squid" on display. The squid came from a Whale stomach. It measured 28ft (8.53m) with tentacles outstretched. The Sonbern Lodge Motel which was built as a Coffee Lodge and Guest Hotel in 1914 to coincide with the opening of the Railway Station. Then, there is the new Wallaroo/Lucky Bay ferry.



Albie Carter
Talkback Member

ALBIE'S SNIPPETS

Then **Moonta**. Patrick Ryan had discovered copper in the mouth of a wombat burrow in 1861. The Moonta field consisted of several mines. The Moonta Mining Co. was the first in Australia to pay one million pounds in dividends to its shareholders. To Moonta Mines produced 170,000 tonnes of copper metal. Hughes Engine house erected in 1865. Cornish beam pumping engine which operated until the mine closed 1923. It pumped water from to a depth of 366metres, and later depth of 768metres. Not far away from Moonta is Port Hughes, with a jetty, fishing, swimming, caravans, etc, and now, many new houses. Also, "The Dunes" new Greg Normans designed championship golf course.



Kadina – the largest town on Yorke Peninsula. In the late 19th century, Kadina had a boomtown population of 20,000. Eventually mining slowed and ceased. Viv and I walked the town to see the place. You can see the new and the old. But, to see "old" everything you should see "**The Farm Shed Museum**". You need plenty of times.

Kadina – Wallaroo – Moonta. Absorb the history of the "Copper Coast".

The mining has gone, but the agricultural trade is booming.

Grain farmed on Yorke Peninsula --- Wheat, Barley, Oats, Peas, Lentils, Canola, Lupins, Chick Peas, Faba Beans, Durum.

Albie
Talkback Member



Moonta Jetty

A few relics of the copper mining industry remain, along with old limestone cottages which are o.k, and are still in using today.

ABC TOUR



The next **Talkback Newsletter** will be published in
DECEMBER 2014

This is **YOUR** newsletter and we want to hear from you !!

Please send articles to us by 28th of NOVEMBER 2014 (at the very latest)

Opinions contained in this newsletter are those of the individual writers, and are not sanctioned by the Talkback Association. Please consult your medical practitioner for any health advice required.