

Talkback

Talkback Newsletter

www.aphasia.asn.au

MARCH/APRIL 2015

**APHASIA GROUP
YOUTUBE**

ADELAIDE OVAL TOUR

CHIT CHAT

CHAIRPERSON'S REPORT

Chair Report March 2015



Chairperson:
Bev Dodd

The **new** Committee has met a couple of times since the **AGM** and we have worked out what we want to **concentrate** on again this year.

Social events will continue to be an important part of what we do. The first social

event was the **tour** of the **Adelaide Oval**. This proved to be a very popular event with a good turnout despite the hot weather.

The **Retune choir** has now been operating for a few years, but numbers attending have remained low. We have decided trialing **opening** the choir up to people with **other communication problems** after **stroke** or a **brain injury** to see if this increases numbers. We were successful in

getting a **grant** to continue supporting the choir, but this will finish in June and so we are going to trial making a small charge for attendance at the choir.

Planning for the **Australian Aphasia Association Conference** in **2016** is continuing with the planning group meeting on a monthly basis. We have had some ideas about **fundraising** and **speakers** and are currently looking at possible venues.

One of our objectives is to **increase community awareness** of aphasia. Anne and Tom have met with a project officer from Disability SA and aphasia has been raised at various meetings. Bill, Sharon and Coralie have been letter box dropping the new pamphlet.

We think that one way of increasing awareness of aphasia may be to **change** the name of our Association. Although we are officially the Talkback Association for Aphasia Inc, our name

CONTENTS

Chairperson's Report	2
Talkback News	4
Social Events	8
Chit Chat	12
Blinc Art Festival	13
Talkback Groups	15
Special Groups	17
Albie's Snippets	18

Cover picture:

Rainbow by
Danny Dichiera



CHAIRPERSON'S REPORT

is often shortened to the Talkback Association. We are starting to canvas our members to see if they would like us to work on a name change. Some of the names that have been **suggested** are

- Aphasia (SA)
- Aphasia Association (SA)
- Aphasia SA
- Aphasia Association for South Australia
- Lost for Words

Can you please get back to us to know what you think about a change of name? If the majority are in favour of a name change, we would go back to members for suggestions and take this to an AGM for a vote. Please contact the office via e mail **talkback@aphasia.asn.au** or phone on a **Tuesday** or **Thursday**.

As you know, Sandy left us at the end of last year. We have now been very **fortunate** in getting **two new office manager volunteers**. **Georgia Hank**, a **Speech Pathology student** will man the office on Tuesdays (except for May and June when she will be away) and **Engelina de Jong**, who has a lot of experience in **administration** and **managing** an office, will be in the office Thursdays.

David will continue to come in Mondays in the middle of the day. This means that our office will be much more accessible for members, although we still recommend you phone before dropping by. We welcome Georgia and Engelina.

Bev Dodd and Thomas Bunning
Co-Chairs

TALKBACK NEWS

Introducing our Newly Appointed Talkback Office Volunteers

Talkback is very **fortunate** to have found two excellent office volunteers, Georgia and Engelina.



Georgia Hank
Speech Pathology
Flinders University
student

Hi, my name is **Georgia Hank** and I am the newly appointed Talkback **volunteer** for the South Road, Hilton office. I am currently in my final year of **speech pathology** at **Flinders University** and am completing placements in **Tasmania** and the

Royal Adelaide Hospital. I have had some prior experience working with aphasia at the Repatriation Hospital and found my time there to be **enriching** in providing learning opportunities as well as being thoroughly **rewarding**. I applied for the office volunteer position so I could contribute some of my time to an organisation that makes a **difference** in the **lives** of **people living with aphasia**, their carers, family and loved ones. I am also volunteering at the computer club which will allow me to meet some of our members. I will be placed at the South Road, Hilton office on **Tuesday's** from **10am**.

Georgia Hank
Office Volunteer



Engelina de Jong
Office Volunteer

I am **Engelina de Jong**.

In 1974, my husband and I migrated from the Netherlands and have lived in Adelaide all that time. I am a naturalised Australian. Since last January 2014, I retired from my job as an **administrator** with

Amcor with an accounting background.

Music has been and is a big part of my life, I just can't breathe without it. And I am now in the lucky position of imparting that passion to other women as a **musical director** and for the last two years have been involved on a national level as Directors Coordinator.

I hope that I can be of assistance to you in the future. I am new to Aphasia, so be patient with me while I am learning.

Engelina will be in the office on **Thursdays**

Engelina de Jong
Office Volunteer

TALKBACK NEWS

Aphasia Group YouTube messages

On behalf of the Maitland Aphasia Group, I would like to let you know about the videos from some of its members. They discuss various aspects of living with aphasia. They want to let others know about aphasia and its effects.

The videos are available on Youtube.

“Each of us is special and unique”: Fiona talks about aphasia and emotions and being positive. (2014)

<http://youtu.be/419Gklhcy0Y>

“Be determined ... every day”: Ian living life with aphasia.

http://youtu.be/G41ZCj-m_WY

“Keep on going – don’t ever stop” Rachel talking about aphasia. (2014)

<http://youtu.be/Blkif94Y8ko>

Fiona’s story – living with aphasia (2013)

<http://youtu.be/aYZrYQ-EnKA>

Cathy talking about being an artist and living with aphasia

<http://youtu.be/zMm8mgxUPmE>

Rachael getting the word out about living with aphasia

<http://youtu.be/auQ93WYWshs>

Rachel’s story – living with aphasia (2013)

<http://youtu.be/lfLRz30OGWw>

We hope that you may find these interesting and useful for yourselves, your patients and their families.

Best wishes

Fiona Bell

Maitland Aphasia Communication Group



TALKBACK NEWS

Companion Card Customer Satisfaction Survey 2013



Companion Card Customer Satisfaction Survey 2013 The South Australian Companion Card Program was very **appreciative** of the excellent response to the **customer utilisation** and **satisfaction survey** which was conducted from April to August 2013 at the time of sending out the first five months of renewal notices.

There was a very pleasing **66% (650 respondents)** return rate, and a summary of the results follows.

The ages of respondents compared to the ages of all cardholders: **Under 18 (5%)** and **over 60 (15.7%)** respondents' ages were significantly lower than those of all cardholders, and those in the **19-60 (72.6%)** age group were markedly higher than those of all cardholders (59%), possibly reflecting the range of affiliates attractive to the youngest age groups, and the varying health needs of the oldest age groups.

The types of events where the Companion Cards were most used were **arts** and **entertainment events**, closely followed by leisure, and finally sporting, many respondents attending all three.



Feedback highlighted that respondents found the card very **useful** in helping with the costs of attending events, being able to attend many more activities and thus enriching their lives.



70% did not comment on how they were treated by venue staff, **26%** felt they were **well treated** by venue staff, making such comments as

- Very well accepted, always treated well
- With courtesy, very helpfully
- Treated just like everyone else - no discrimination

12% felt **poorly** treated by venue staff, commenting:

- Rude, seem annoyed and confused
- Capping of number of cardholder places at an event
- Carer and cardholder seated separately,
- Speaking to carer rather than cardholder

TALKBACK NEWS

Suggestions and actions included:

- Child carers having their own identity card-
Action: referred to Carers SA.
- More affiliates – Action - ongoing process
- More country affiliates: reflective of fewer country services: Action - ongoing process
- Affiliate staff education-incorporated in enrolment processes; specific examples followed up with the particular affiliates,
- More electronic booking - information to affiliates to provide where possible
- More than one card in multiple caring situations - card system data base only allows one card at a time
- Updated information re the program - introduce electronic newsletter

General comments about community service provision impacting on utilisation of Companion Card:

- Care worker time allowances
- Venue accessibility, disability parking, issues-ongoing advocacy through disability organisations

- Renewal – need more notice - program addressing this - but balancing sending notice too far in advance and being put aside and lost, and getting in time to complete processes



- Up-to date affiliates information- on web site. Not all cardholders have ready internet access or are internet “savvy”. Regular hard copy mail outs to all are beyond budget
- Poor attitudes to people with a disability - community education

The South Australian Companion Card Program is very pleased to email a full copy of the report upon request.

List of Key Affiliates - organisations that have formally agreed to accept the Companion

Card: <http://www.sa.companioncard.asn.au/affiliateslist.html>

SOCIAL EVENTS

Adelaide Oval Tour

Talkback held it's first social event for the year on Sunday February 28th. **31 people** attended a tour of the Adelaide Oval. This **beautiful facility** was recently redeveloped. It was lovely to see so many of our members attend this tour, with their family and friends.



While we waited for everyone to arrive we visited the **Donald Bradman collection**. We watched a video about the history of the Adelaide Oval. We also saw some footage of the old buildings being destroyed and the new buildings being constructed. The people who came were divided into two groups. Each group had two lovely tour guides who told them all about the Oval.

The tour was very interesting. We learnt about the **history** of **football** and **cricket** at the Oval. Many people recognized photos of famous football and cricket players during the tour. We saw the beautiful corporate boxes, catering

and bar facilities. Each bar was named after a famous football or cricket player.

Many people thought the highlight of the tour was the **heritage scoreboard**. We learnt the scoreboard contains a four storey staircase. Volunteers change the players' names and scores during a cricket match. Some of us were able to go inside the old scoreboard to see how it works. It was quite dark and dusty inside. It was amazing to learn how much hard work goes into operating the scoreboard.

We also learnt that the beautiful **Moreton Bay Fig trees** were planted to stop people from watching the cricket for free. Everyone was impressed with the beautiful Oval and excellent function facilities. We saw the players' dining room and the room where cricket players wait during a match.



SOCIAL EVENTS

Everyone who attended the tour had a great time. We all learnt a lot. Our tour guides were amazing and very informative. Kate, the volunteer from the Adelaide Oval who helped us organise the tour, was very helpful.

The tour involved a lot of **walking**. Everyone was too tired to have coffee after the tour! It was lovely to see some new faces in our group. Thank you to every one who came.

We hope to see you at our next Talkback event!

Please let us know if you have any suggestions for future Talkback events.

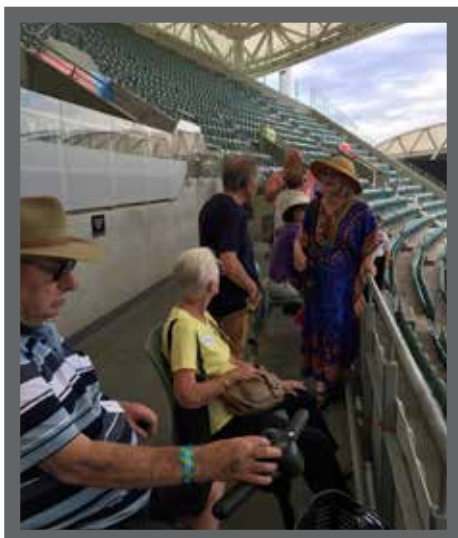
Josephine Kemp
Secretary, Talkback Association for Aphasia Inc



SOCIAL EVENTS



SOCIAL EVENTS



CHIT CHAT

“CHIT CHAT – THIS IS ABOUT “US”

This is a new feature called “Chit Chat” for Aphasia & Other Disabilities. We would like your short stories or thoughts, about your daily life, for this page. Here is the first “Chit Chat”.

Summer Time.

What do you reckon? Now it's raining.

It's been hot.

What's going on?!

I like the winter.

Do you?

Spring and Autumn are the best.

Spring – the garden looks lovely and smells like perfume with lots of different flowers.

I love the garden.

Autumn – the weather's warm and damp as we walk around the yard.

The trees are turning, so many different colours. Everything is so beautiful.

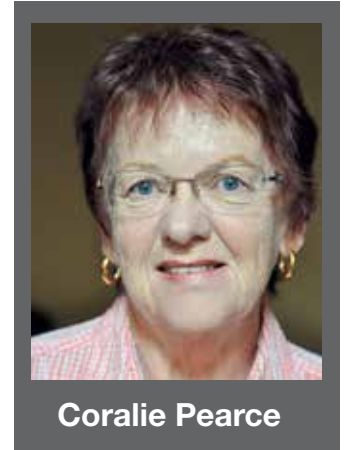
Again, I love the garden.

Oh yes, and I love the fruit from our trees.

What do you want to “Chit Chat” about?

Coralie Pearce

Talkback Member



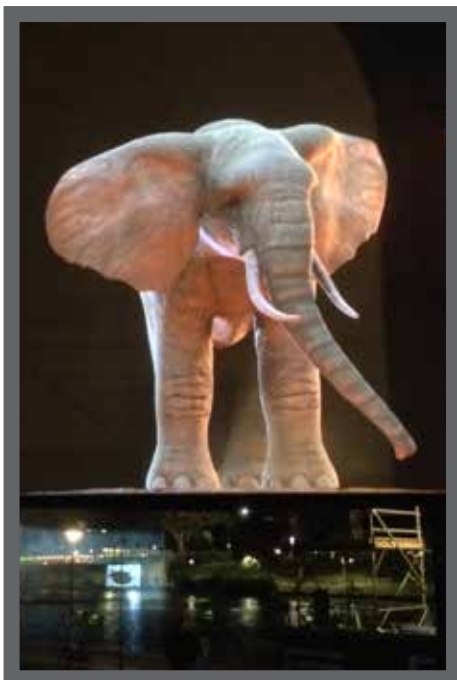
Coralie Pearce

BLINC ART FESTIVAL

Elder Park

Every night during the Adelaide Festival, Elder Park held a **light show**. Artists from all over the world, showed off their work. I went for a walk and saw so many amazing installations. I photographed some of them. It was a beautiful show and I really enjoyed it.

Danny Dichiera
Talkback Editor



BLINC ART FESTIVAL



TALKBACK GROUPS

HOVE TALKBACK GROUP

The Hove Group is currently meeting from **10am - 11.30am** at Alwyndor, 52 Dunrobin Rd, Hove. During School Terms

For further information, contact **Coralie Hayley, Speech Pathologist** on **8177 3277**



MORPHETT VALE TALKBACK GROUP

The Morphett Vale Group meets from **9.45am - 11am** at **126 Pimpala Rd, Morphett Vale**. During School Terms

Please contact **Coralie Hayley** at **Southern Therapy Service, ECH**, on **8322 5700** for further details.



REPAT TALKBACK GROUP

The **Repatriation General Hospital** is proud to announce that we have commenced running a Talkback Group at our site. The Repat has a long history of providing services for adults with communication difficulties, so we feel that it's important for services like this to be offered as they increase communication opportunities and social engagement for our clients.

The group has been run by speech pathologists Amy Muir and Krissy Ferber and also our volunteers John and Desiree. The group runs every **Tuesday** from **10am - 11:15pm**. For those interested in attending, please contact Amy Muir, Speech Pathologist, on **8276 9666**.



TALKBACK GROUPS

HENDON TALKBACK GROUP

The Acacia Court Talkback Group meets on **Fridays 9.30 - 11.30 am** at 81 Tapleys Hill Road, Hendon.

For more information call **Chris Dejoia** on **8243 1844**



MT BARKER TALKBACK GROUP

Unfortunately, the Mt Barker Talkback group will not continue. I am hoping to run an aphasia therapy group for registered clients, however, for those who live in the Hills, Southern Fleurieu KI health cluster area. The therapy group will be especially for people who have acquired aphasia within the last 12 months, but I would encourage anyone living in our area who is interested to contact me.

Contact Anna Cameron, Speech Pathologist on **8393 1833**, or by email to me: anna.cameron@health.sa.gov.au.



MURRAY MALLEE TALKBACK GROUP

The Murray Bridge group meets at the Murray Mallee Community Health Service. They have just organised to run our Adult Communication Group at Murray Mallee Community Health starting this **Monday** from **11.00-12.00am**. This will be open to individuals in our region with communication difficulties.

Contact: Kristen Brown (Speech Pathologist) about this group on **8535 6800**.



SPECIAL GROUPS

COMPUTER CLUB

The Computer Club meets every **Monday at 1.30pm** at the **Burnside Library**. Coffee and chat follows after each session. The Computer Club will continue to be largely run by student volunteers.

If anyone is interested in joining the group, please ring me on **8222 1463** (work)



MARDEN COFFEE CLUB

Hi Coffee Lovers

If you are in the area, call in and have a decent cup of coffee. We have 6 - 10 people who meet every **Tuesday from 11 - 12pm**.

Ring me, David on **8336 8550** about the **Marden Coffee Club**.



HENDON GROUP COFFEE CLUB

The **Hendon Group Coffee Club** meets every **Thursday** morning at **10.00am** for approximately one hour at *Cinos Cafe*, West Lakes.

Anybody wanting more information or to go along and have a chat, please ring the Talkback office on **8443 5555**.

COMMUNICATION GROUP

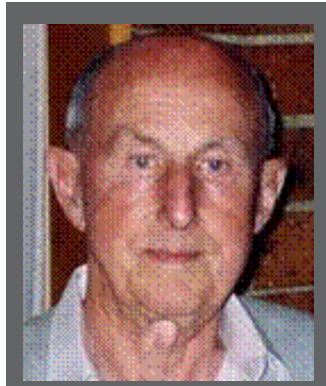
The group meets at **Paradise & Eastern Community Services**, 61 Silkes Road, Paradise South Australia 5075.

You can contact **Marianne Newberry** on **8337 4371** for more information and sessions times.

ALBIE'S SNIPPETS

“GO SOUTH”

Viv and I received a letter from my cousin Kathleen about a birthday party. Kathleen and her husband is to have a party, as they are both aged at 80. In life, our family cousins, there used to be about 35 children, but there is only 3 left.



Albie Carter
Talkback Member

Kathleen is 80, I am 84, and Arnold is 99.

The party is at **Tantanoola**. So Viv and I stayed at a motel in Millicent for a couple of days. For holidays, the coast towns are good.

MENINGIE – The northern gateway to the Coorong. Meningie Hill offers unrestricted views over Lake Albert, and surrounding pastoral properties.

The Meningie Cheese Factory Restaurant and Museum.

The famous Coorong Mullet found on many menus.

KINGSTON – The entrance to the town of Kingston is guarded by a 17m (56ft) Lobster named **Larry**.

Kingston was named in 1858 and many fine old buildings, including the Post Office, the Colonial Tea Rooms and Gallery, and the Court House. Modern play grounds, and a skate park for the kids.

It is a good place for holiday makers, and safe beach. Also fantastic conditions for scuba diving, fishing, wind surfing and sailing, etc.

ROBE – The Port of Robe was proclaimed in 1847. By 1864 Robe had become South Australia's third most important port. Then the shipping trade declined, and only the fishing fleet remained.

Cape Dombey Obelisk was built in 1853 as a navigational guide to assist entry to the bay. However, not every mission was successful, with powerful storms claiming a number of

vessels. Robe is the perfect place to spend quality time. Enjoying sumptuous seafood, top local wines, coastal walks, water sports, pubs, cafes, etc.



Big lobster at Kingston

ALBIE'S SNIPPETS



Cape Dombey Obelisk



Cape Dombey Obelisk

The Chinese Monument. Learn the history of the Chinese landings. During the 1850s Victoria Gold Rush, over 16,500 Chinese landed Robe here to avoid the 10 pounds head tax being charged by the Victoria ports. They had long walks to the goldfields from Robe to Bendigo.

TANTANOOLA – Discover the legendary tale of the Tantanoola Tiger, said to prowl the

district in the late 1800s. The stuffed beast takes pride of place in the historic Tantanoola Hotel. There is a lard dolomite cavern.

MILLICENT – Proclaimed in 1870. Millicent identity grew when pine plantations were established in the ranges new township. The resulting pulp and paper mill industries led to a population boom in the 1960s. The Kimberly-Clark remains the largest employer in the district.

Albie Carter
Talkback Member



***BLINC* LIGHT SHOW**



The next **Talkback Newsletter** will be published in
JUNE 2015

This is **YOUR** newsletter and we want to hear from you !!
Please send articles to us by 12th of MAY 2015 (at the very latest)

Opinions contained in this newsletter are those of the individual writers, and are not sanctioned by the Talkback Association. Please consult your medical practitioner for any health advice required.