

Talkback

Talkback Newsletter

www.aphasia.asn.au

JUNE/JULY 2015

PASTA NIGHT

FACEBOOK PAGE

**ONLINE
FUNDRAISING**

APHASIA ACCESS

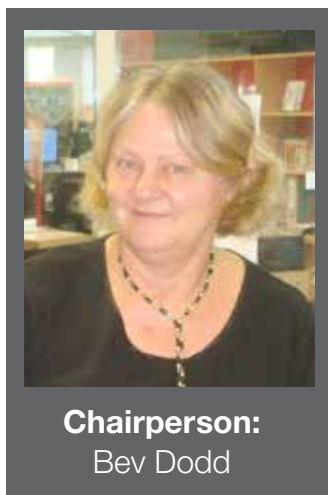


Talkback
Association
for Aphasia Inc

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CHAIRPERSON'S REPORT

Chair Report June 2015



Your Committee has been **busy** with our efforts concentrating around the **choir, increasing awareness of aphasia, the 2016 conference** and planning of **social events**.

By the time you read this, we may have had our next social event, which is a visit to the **old Adelaide Gaol**. Sarah and Josie are currently planning social events for the rest of the year.

The **Retune Choir** was featured in March on **Today Tonight** on **Channel 7**. Prior to channel 7 coming we contacted present and past members to get a good turnout and **10 choir members attended**. Channel 7 interviewed two choir members, **Kate** and **John**, who told

their stories. The program was terrific and two new people joined the choir. It was disappointing though, that the word **aphasia** was **hardly mentioned**.

However, even with this publicity, numbers attending the Retune choir have remained **low**. As I foreshadowed last newsletter, we have **opened** the choir up to people with other **communication** problems after **stroke** or a **brain injury** to see if this increases numbers and have introduced a small charge over the last three months. However, numbers remain



CONTENTS

Chairperson's Report	2
Talkback News	4
Research	9
In Memory	10
Chit Chat	12
Talkback Groups	13
Special Groups	15
Coming Events	16

Cover picture:
Sunset by
Danny Dichiera



CHAIRPERSON'S REPORT

between 6 and 13. Committee has now **decided** that we will need to stop the choir at the **end of term 2**, if it is not sustainable. The choir currently costs about \$180.00 a week as we pay the choir master and the pianist. Our current grant finishes at the end of June and we will not continue unless there is a way of offsetting costs.

The Committee planning the **Australian Aphasia Association Conference in 2016** is meeting on a monthly basis. We will be having a **Pasta and Auction night on Friday October 9th**. This will be a **major fundraiser** and we would like as many as possible to come to this. Tickets will be available through **Committee and online**. We are also looking for **donations** of items that can be auctioned on the night. Committee is currently working to finalise other aspects of the conference including **speakers and venue**.

Lucy and Josie have created a **Facebook** page for the 2016 AAA Conference. We are hoping that this will be a good way of promoting aphasia, the conference and events connected with it to a larger audience, including **young people**. Feedback on the Facebook has been very **positive**.

Once again, we are **selling** community **lottery tickets**. Money from these is an important way of providing funds for Talkback. Tickets are

available from Committee Members or are also available online. Please encourage your friends to buy tickets.

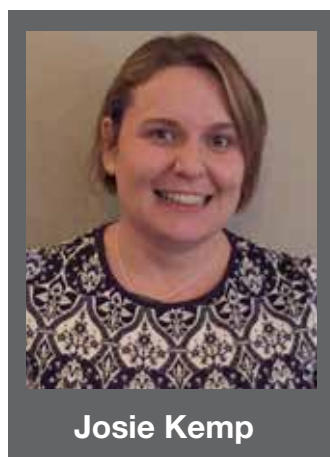
To help raise **awareness** of **aphasia**, **Anne** and **Tom** attended a meeting and talked to **government agency representatives** about aphasia and what they could do to help people with aphasia. Anne and Tom reported that some people had not heard of aphasia prior to this meeting and were now more aware of aphasia. The Talkback Association has also offered to provide individual agencies with advice.

Last newsletter, I reported that Committee has been talking about **changing the name** of the Association. There are pros and cons of doing this. Our main objective is to increase community awareness of aphasia. We think it might help to promote aphasia awareness if the word "**aphasia**" was more prominent in our name. We welcome feedback on this proposed change and we are starting to talk about it at some of the Talkback Groups. Alternatives that have been suggested were in the last newsletter. Please think about a possible name change and let us know what you think by contacting the office via e mail **talkback@aphasia.asn.au** or phone on a Thursday.

Bev Dodd and Thomas Bunning
Co-Chairs

TALKBACK NEWS

Online fundraising for the Australian Aphasia Association Conference in Adelaide in 2016



Josie Kemp

The **Talkback Association for Aphasia Inc** is currently undertaking **fundraising activities**.

The money raised from this fundraising will go toward the **Australian Aphasia Association (AAA)**

Inc Conference. The Talkback Association is hosting the AAA Conference in **Adelaide** in **2016**. The Talkback Association needs to raise a significant amount of money to cover the costs of the conference. The biggest costs include **venue hire, catering, and guest speakers**. The AAA Conference is held every two years. It is an important forum for people with **aphasia**, their **family members** and **carers** to share their experiences and access information and support.

There are currently two ways that people can **donate** to the Talkback Association online.

1) The Talkback Association has created a **crowdfunding** page. People can visit the link below and make a donation to Talkback:

<https://www.mycause.com.au/page/104363/talkbackassociationforaphasiainc>

2) The Talkback Association is currently selling **People's Choice Community Lottery tickets**. Tickets cost **\$2 each** and can be purchased online via the below link. There are many great prizes on offer, and all proceeds from ticket sales go to the Talkback Association. Community Lottery tickets are on sale **until September 18th 2015**.

<https://www.peopleschoicecu.com.au/talkback-association-for-aphasia>

Please share this information with your family and friends. The Talkback Association needs this information to reach as many people as possible, in order to raise the **funds** needed to host the AAA conference. We would really appreciate your help with sharing this information as widely as possible. If you would like this information in email format so you can send it to your family and friends via email, please contact the **Talkback office**.

Thanks to our members for all of their help with fundraising.

Josie Kemp
Secretary, Talkback Association
for Aphasia Inc

TALKBACK NEWS

Talkback Facebook Page

The **Talkback Association for Aphasia Inc** now has a **Facebook** page! If you have a Facebook account, please visit and 'like' the page. You can search for '**Talkback**' on Facebook to find the page. You can also find the page via the link below:

https://www.facebook.com/talkbackassociation?ref=aymt_homepage_panel

The Facebook page was set up by **Lucy Fitzgerald**. Lucy is a **Speech Pathologist** who has recently joined the **Conference Planning Committee** for the **2016 Australian Aphasia Association Conference in Adelaide**. Lucy and I are the **administrators** for the Facebook page. We add all the content to the page.

The Facebook page includes some **general information** about **aphasia**. There is also information about the Talkback Association on the page. You will also find a **video** about the **Retune Choir**, Adelaide's own aphasia choir, on the Facebook page. There is also information about **lottery ticket sales** for the



People's Choice Community Lottery. This is a **fundraising** activity the Talkback Association is currently participating in.

There has been a lot of interest in the Facebook page. The page currently has 77 '**likes**'. The Facebook page is a great way to raise awareness of aphasia and of the Talkback Association.

If there is anything you would like included on the Facebook page, or if you have any feedback about the page, please contact me. My email is jkemp6@our.ecu.edu.au or my mobile number is **0402 281 720**.

Josie Kemp
Secretary, Talkback Association
for Aphasia Inc

TALKBACK NEWS

Aphasia Access



Anne Bunning

Some of you may know about the government's **Disability Access and Inclusion Plans (DAIPs)**. This is a way to get **government agencies** to make all their programs more **open** and **accessible** to people with a

disability.

Last year Bev, Tom and I met with the **Disabilities Minister** to talk about **aphasia**. As a result we were invited to make a presentation to a group of people from different government agencies who are responsible for DAIPs.

Tom and I met with the **Committee** on May 13 for about an hour. Bev was unable to come as her mother was not well.

There were **13 people** at the meeting plus Tom and I.

Tom talked first. He explained about **aphasia**, his experience at **TAFE**, and the idea of a **symbol** on **government communications**

to let you know ***"this is important - get someone to tell you what it is about"***. There were some local government people there and during the meeting one of them emailed another person to start some action on the symbol idea.

I talked afterwards. I mainly talked about what agencies could do to make **life easier** for people with **aphasia**.

We left all the people with some written (and electronic) **information** on aphasia, one of our orange flyers, and some ideas on how they could make their services more **accessible** to people with aphasia.

There were many questions from the people in the meeting.

About five people said they had never **heard** of aphasia until today. So that is terrific that now they **understand** something about it.

We offered to talk in more detail to any agency at a future date. They have our contact details.

It was all very **positive**.

Anne Bunning
Treasurer

TALKBACK NEWS

People's Choice Community Lottery Ticket Sales

The **Talkback Association for Aphasia Inc** is participating in the People's Choice Community Lottery again this year. If you would like to support the Talkback Association, please consider purchasing some lottery tickets. The tickets are only \$2 each.

All proceeds from ticket sales go to the Talkback Association. This year the proceeds from ticket sales will go toward the **Australian Aphasia Association Conference**. This conference will be held in **Adelaide** in **2016**, and is being planned by the Talkback Association.

If you would like to buy some tickets online, you can visit this link:

<https://www.peopleschoicecu.com.au/talkback-association-for-aphasia>

If you would prefer to buy paper tickets, please contact the Talkback Association as many of our members are currently selling paper tickets.



There are many **great prizes** on offer. These include a Hyundai ix35 valued at \$41,280 and a \$35,000 Harvey Norman shopping spree.

The Talkback Association for Aphasia Inc would really appreciate any support you can offer by purchasing Community Lottery tickets.

Thank you!

Josie Kemp
Secretary, Talkback Association
for Aphasia Inc

TALKBACK NEWS

Changes to care services for seniors - SAcommunity News June 2015



From 1 July 2015 several changes will be introduced to the **support** and **care services** provided for older people who prefer to continue to live **independently** in their own homes but need help with daily tasks.

The **Commonwealth Home Support Program (CHSP)** will be launched adopting an approach based on the concepts of **wellness** and **'reablement'**.

It will bring together the services provided by four current funding schemes:

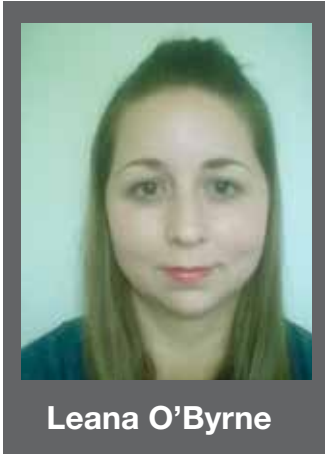
- Home and Community Care (HACC)
- National Respite for Carers Program (NRCP)
- Assistance with Care and House for the Aged (ACHA)
- Day Therapy Centres

Anyone requiring services will need to contact **My Aged Care** on 1800 200 422, a national call centre that will screen the clients and their support needs, and will refer them directly to a service provider, or to a Regional Assessment Service (RAS) if necessary.

From 1 July 2015, however, all Home Care Packages must be delivered on a consumer directed care basis.

Home Care Today provides information and resources that help the older person or their representatives to understand how home care packages work when they are provided using a consumer directed care (CDC) approach.

RESEARCH



My name is **Leana O'Byrne**. I'm a **speech pathologist** in Adelaide who works with people who have **aphasia**. I am doing **PhD research** with the University of Queensland. I want to find out how people

manage their aphasia.

I also want to know how **technology** helps people with aphasia. I am looking for people who have aphasia to participate in one-on-one **interviews**. You can have a **family member** or **caregiver** at the interview. This interview can be **face-to-face** or by **videoconference**. **Face-to-face** interviews will take place at your **home**.

The interview will take **1 – 1.5 hours** and will be **recorded**. Any **personal details** will be kept **private** and **confidential**.

This study has received **ethical approval** from the University of Queensland Behavioural and Social Sciences Ethical Review Committee. If you would like to **find out more** about this research, please contact **Leana** at **0422 417 304** or leana.obyrne@uqconnect.edu.au.

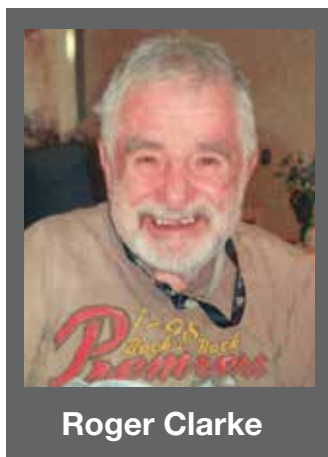
Thank you for your interest.

Leana O'Byrne
Speech Pathologist

IN MEMORY

VALE Roger Clarke

– Talkback member 29/10/43 – 29/4/15



On 6 May 2015, the life of Roger Clarke was honoured. His daughter, Lorraine, paid special tribute to the Talkback Association in her eulogy and donations in lieu of flowers were made to Talkback.

We are thankful to Lorraine for remembering Talkback in this way and with permission reprint a small part of her eulogy in this edition of the newsletter:

“Dear Dad,

*What a journey we have shared as **father** and **daughter**.*

*Growing up you always worked **hard** to ensure we were provided for. You were a tough dad and took no nonsense, but I now have many values instilled taken from my childhood that shapes me to who I am today.*

*... I think the last ten years **you** and I have been on the most **incredible journey** that **bonded** us together like I never thought was possible. You had many **health issues** before your **stroke** that saw me actively involved in attending appointments with you and trying to help keep you on track with diet and wellbeing. This was no easy task. Then that day came in **September 2007** that changed our lives **forever**. I will **never** forget the phone call, the entire day, and then the long road of **rehabilitation** ahead following your stroke. The doctors told me that day that you*

*would **never walk** and **never talk** again. I was **shattered** for you.*

*However in your own time you did get out of bed one day and walk, and **never stopped** walking since. It was only in the last 18 months that you willingly agreed to use a **frame** and before this walked around freely on your own. Watching you go through rehab including **speech therapy**, **occupational therapy** and **physio** is one of the hardest things I’ve seen you do. To watch a parent try to **relearn** so many **basic** daily routine tasks has been heartbreaking, but also **rewarding** when you achieved what you set out to do. Although you never regained the ability to **read** and **write**, it was encouraging to see you recognise some words and numbers, and it was still part of your daily routine to flick through the newspaper.*

*We first met **Coralie** from **Talkback** after you left rehab. We were blessed to be introduced to*

IN MEMORY

*the Talkback Association and Talkback support group. Talkback has taught me so much about **Aphasia** and I'm so glad I was able to receive support so we could learn to **communicate**, and we understood each other.*

Dad, there have been many highlights as well as many tough times over recent years but together we managed our way through. I always knew you were satisfied and it was time for me to leave when you told me 'you're doing a great job'.

*Dad I miss you already and will continue to miss you everyday. Although it has been extremely hard I am so thankful for our last ten years and the **unique journey** and **bond** we got to share"*

Lorraine adds:

*"I always read the **newsletter** with interest and would usually take it to Dad to flick through too. A recent highlight was taking Dad to the **Adelaide Oval Talkback tour** in **February**. It was the last big outing we did and he absolutely **loved** seeing Adelaide Oval. I am so glad we made the effort to bring him along to that **social***

***event** and I'm very **grateful** of the **social opportunities** the Association provides.*

*Once again without the help of Talkback I know we would never have been able to understand Dad as we could, and learn to get the best from him. I will be forever grateful for the **quality of communication** we were able to share with dad because of the support we received from **Speech Pathology**, the **Talkback groups** and the **Association**."*



CHIT CHAT

“CHIT CHAT – THIS IS ABOUT “US”

We would like your short stories or thoughts about your daily life, for this page.”

EASTER 2015.

This is one day from our holiday on **Kangaroo Island** at Easter 2015.

On Easter Sunday we went to the Fair at **Penneshaw** at 9.00 a.m. The weather was a bit crisp, but by lunch time the weather was nice and warm. There were lots of stalls to buy from like food, jams, cakes, clothes, jewellery and many different things. The Fair was great.

On the way out, guess what? We sat under a tree on a bench and this is what it said on the plaque attached to the bench

–

*“The **Chat** Seat
In memory of
Mike Hobbs 1938-2006
Mike loved a chat
Please sit down and
Do just that.”*

How about that!

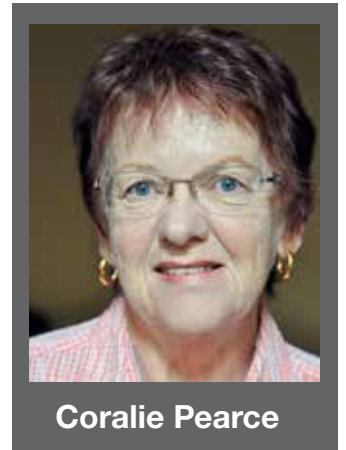
I couldn't believe it. I like a chat, and I like my short stories. It's all about **chit chat**.

So, I hope this will be of some interest to you as you enjoy my story.

So, anyway - What do you want to Chit Chat about?

I would love to read your short stories in the Chit Chat Newsletter.

Coralie Pearce
Talkback Member



Coralie Pearce



TALKBACK GROUPS

HOVE TALKBACK GROUP

The Hove Group is currently meeting from **10am - 11.30am** at Alwyndor, 52 Dunrobin Rd, Hove. During School Terms

For further information, contact **Coralie Hayley, Speech Pathologist** on **8177 3277**



MORPHETT VALE TALKBACK GROUP

The Morphett Vale Group meets from **9.45am - 11am** at **126 Pimpala Rd, Morphett Vale**. During School Terms

Please contact **Coralie Hayley** at **Southern Therapy Service, ECH**, on **8322 5700** for further details.



REPAT TALKBACK GROUP

The group has been run by speech pathologists Amy Muir and Krissy Ferber and also our volunteers John and Desiree. The group runs every **Tuesday** from **10am - 11:15pm**. For those interested in attending, please contact Amy Muir, Speech Pathologist, on **8276 9666**.



MT BARKER TALKBACK GROUP

Contact Anna Cameron, Speech Pathologist on **8393 1833**, or by email to me: anna.cameron@health.sa.gov.au.



MURRAY MALLEE TALKBACK GROUP

The Murray Bridge group meets at the Murray Mallee Community Health Service. They have just organised to run our Adult Communication Group at Murray Mallee Community Health starting this **Monday** from **11.00-12.00am**. This will be open to individuals in our region with communication difficulties.

Contact: Kristen Brown (Speech Pathologist) about this group on **8535 6800**.



TALKBACK GROUPS

HENDON TALKBACK GROUP

The Acacia Court Talkback Group meets on **Fridays 9.30 - 11.30 am** at 81 Tapleys Hill Road, Hendon. Have a break at 10.30am to have tea & coffee with biscuits and/or cake. So far we have – **9 people** (with varying degrees of **Aphasia**), **1 speech pathologist** & **2-3 volunteers**.

Our **Hendon “Family”** have a really happy, enjoyable, open discussion each week. Everyone adds their comments to whatever topic they choose. It is always a lot of fun. We all look forward to it. This is what we do. This Group is run by Bev Dodd, speech pathologist, with help from Jessica Baggallay and other volunteers, Rachael, Laura, Daniel and Sara.



Any new members, please enquire with **Chris Degioia** on **8243 1844** for more information above our Group.

**Regards,
Coralie Pearce**

Evelyn's Story

This was in a card:

Legends sat that **hummingbirds** float **free of time**, carrying our **hopes** for **love, joy** and **celebration**.

Like a hummingbird, we aspire to hover and savour each **moment** as it **passes**, **embrace** all that life has to **offer** and to celebrate the **joy** of everyday.

The hummingbird's delicate **grace** reminds us that life is **rich, beauty** is **everywhere**, every **personal connection** has meaning and that laughter is life's sweetest creation.

Love this story

**Evelyn
Talkback Member**



Evelyn and Lawrence



Hummingbird

SPECIAL GROUPS

COMPUTER CLUB

The Computer Club meets every **Monday at 1.30pm** at the **Burnside Library**. Coffee and chat follows after each session. The Computer Club will continue to be largely run by student volunteers.

If anyone is interested in joining the group, please ring me on **8222 1463** (work)



MARDEN COFFEE CLUB

Hi Coffee Lovers

If you are in the area, call in and have a decent cup of coffee. We have 6 - 10 people who meet every **Tuesday** from **11 - 12pm**.

Ring me, David on **8336 8550** about the **Marden Coffee Club**.



HENDON GROUP COFFEE CLUB

The **Hendon Group Coffee Club** meets every **Thursday** morning at **10.00am** for approximately one hour at *Cinos Cafe*, West Lakes.

Anybody wanting more information or to go along and have a chat, please ring the Talkback office on **8443 5555**.

COMMUNICATION GROUP

The group meets at **Paradise & Eastern Community Services**, 61 Silkes Road, Paradise South Australia 5075.

You can contact **Marianne Newberry** on **8337 4371** for more information and sessions times.

COMING EVENTS

Pasta & Auction Night

The poster features a black background with white text and icons. At the top left is the Talkback Association for Aphasia Inc logo. At the top right is a 'Fundraising EVENING' badge. The main title 'PASTA NIGHT' is in large, bold, serif font. To the right of the title, the date 'Friday 9th OCTOBER 6.30PM' is listed. Further right, it says 'EUROPEAN CATERING' and '2B CHIEF ST HINDMARSH'. To the right of that is a pot icon with '\$35' inside, labeled 'Donation'. Below the title, there is a 'Buon Appetito' logo with a fork and a bowl, and an 'ADMIT ONE' ticket icon. At the bottom, it lists '- INCLUDES - Antipasto, 3 kinds of Pasta, Cake & Coffee', 'MUSIC & DANCING', and 'Drinks at Bar Prices'.

Talkback Association for Aphasia Inc

Fundraising EVENING

PASTA NIGHT

Friday **9th** OCTOBER 6.30PM

EUROPEAN CATERING
2B CHIEF ST
HINDMARSH

\$35
Donation

- INCLUDES -
Antipasto, 3 kinds of Pasta, Cake & Coffee

MUSIC & DANCING | Drinks at Bar Prices

Buon Appetito

ADMIT ONE

The next **Talkback Newsletter** will be published in
SEPTEMBER 2015

This is **YOUR** newsletter and we want to hear from you !!

Please send articles to us by 21st of AUGUST 2015 (at the very latest)

Opinions contained in this newsletter are those of the individual writers, and are not sanctioned by the Talkback Association. Please consult your medical practitioner for any health advice required.