

Talkback

Talkback Newsletter

www.aphasia.asn.au

December 2012

HAPPY HOLIDAYS

AAA CONFERENCE

**THE RIVERS
TOUR**

**RETUNE
CHOIR
CHRISTMAS
SPECIAL**



Talkback
Association
for Aphasia Inc

302 South Road, Hilton, S.A. 5033
Ph: 08 8443 5555
talkback@aphasia.asn.au

CHAIRPERSON'S REPORT

Chair Report December 2012



Your Committee

Since the AGM we have co-opted three new committee members onto committee. **Debra Ormerod, Sarah Clifton (Committee members)** and **Josie Kemp (Secretary)** are all **Speech Pathologists** with a

particular interest in **aphasia**. We look forward to their enthusiasm and involvement on Committee.

Planning for the Year

The Committee has met twice since the AGM and has planned what we want to do over the next year. We have decided to try a portfolio structure. Committee members will be responsible for co-coordinating specific areas and for telling you about them.

We want to concentrate on our core business of improving the lives of people with aphasia and carers. We will do this by supporting existing groups and looking at extending groups and other services for members.

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Cover picture:
Lantern on the
River Torrens



CHAIRPERSON'S REPORT

Things that we want to work on are

- The Retune Choir (Deb, Vic and Bev to hand over)
- Newsletter (Danny, Vic)
- Computer club (Peter, Bev)
- Talkback groups (Trevor, Coralie)
- Skype Talkback group for country people (Peter, Deb)
- Increasing awareness of aphasia (including contact with Ministers), and Talkback Association membership (Thomas, Anne, Bev)
- People telling their story (Coralie)
- Social events for members and carers (Sarah, Vic)
- Community lottery (Ingrid)

Committee will also look at other opportunities as they arise, including some of the things we were not able to finalise over the last twelve months.

Although not on Committee, Kate will continue to work on helping with office procedures during the year.

AGM feedback

Thanks to those who gave us **feedback** on the AGM. It seems that everyone enjoyed the Chinese banquet and the social occasion, but there was a mixed reaction to the **DVD**. Some people thought it was great and have since borrowed it, while others hated it and did not like the content at all.

If you would like to be more involved in any of our projects, please let us know. Please phone me on **8332 0577** or e mail the office on **talkback@aphasia.asn.au**. We hope member involvement will be even easier with the portfolio structure as a lot of the planning will take place in small groups off committee.

We wish all our members the best for Christmas and the holiday period and look forward to catching up in the New Year.

Beverley Dodd
Chair

TALKBACK NEWS

Email Address

Do we have your e mail address?

Or the e mail address of a family member?

Although we try to plan ahead, at times there are events at short notice. If you can give us an e-mail address, we can contact you to let you know of any events coming up.

If you would like to receive your newsletter by e mail, please let us know. The e mail version would be in full colour

Please contact talkback@aphasia.asn.au to give us your e mail details

Retune Choir

A concert with the Retune Choir will culminate with a **combined** musical event with the **Mitcham City Brass Band and Gay & Lesbian Qwire** on **Sunday 16th December 5-7pm**.

All are welcome, and we look forward to hearing all in good voice!



The choir will be performing at a Carol Concert on 16 December

A red poster for the Church of the Trinity Carol Concert 2012. The poster features a large, decorated Christmas tree on the right side. The text on the poster is as follows:

Church of the Trinity
Carol Concert 2012

Sunday 16th December 2012 5.00pm
318 Goodwood Road, Clarence Park

Featuring the magnificent sounds of:

Mitcham City Brass Band
Adelaide Gay & Lesbian Qwire
Retune Choir

Entry by Donation *All are welcome*

TALKBACK NEWS

Would you like to participate in research about community aphasia groups?

“Community aphasia groups, the perspectives of people with aphasia”

Do you have aphasia? Do you know somebody with aphasia? Have you ever participated in a community group for people with aphasia?

We are running a large and exciting study about aphasia group services in Australia. We are seeking people with aphasia interested in sharing their experiences of community aphasia groups.

This research will occur around Australia, in rural, regional and urban areas.



What does this study involve?

A 1 to 2 hour interview with the researcher, who is a speech pathologist.

What will happen?

We will talk about your experiences of participating in a community group for people with aphasia.

During the interview the researcher will provide support to help you share ideas and thoughts about community aphasia groups.

To be included in this study you must:

- have aphasia
- have had aphasia for at least 6 months
- be living in the community
- have participated in a group for people with aphasia at sometime

If you are interested in participating in this study please contact Ms Lucie Lanyon at the contact details below. We will be happy to organise an information session with you to talk about the project in more detail, and to answer any questions you may have.

RESEARCHER: Ms Lucie Lanyon
Doctoral Student
School of Human Communication Sciences
La Trobe University, Bundoora Vic. 3086,
Telephone: (03) 9479 2797
Email: L.Lanyon@latrobe.edu.au



MANAGEMENT COMMITTEE

2012 - 2013



Chair:
Bev Dodd



Vice Chair:
Tom Bunning



Secretary:
Josie Kemp



Treasurer:
Anne Bunning

COMMITTEE



Victor
Benefield



Sarah
Clifton



Trevor
Goodwin



Coralie
Hayley



Debra
Ormerod



Ingrid
Palm



Peter
Wright



**Newsletter
Editor:**
Danny Dichiera



**Office
Volunteer:**
Sandy Nash

TALKBACK GROUPS

COMMUNICATION GROUP

The group meets at **Paradise & Eastern Community Services, 61 Silkes Road, Paradise South Australia 5075.**

For information on **2013 session times**, contact **Marianne Newberry** on **8337 4371**.

ELIZABETH TALKBACK GROUP

I am happy to announce that the **Elizabeth Talkback Group** will be **recommencing** in **January 2013**. The group will meet **Monday** mornings at the **Elizabeth GP Plus Health Care Centre**, located across the road from the Elizabeth Shopping Centre at **16 Playford Boulevard, Elizabeth**. The centre has free parking and is close to public transport.

With the support of the Talkback Association and the GP Plus Health Care Centre we aim to have the first meeting on **Monday the 14th January 2013 from 10am-12 pm**.

Please contact **Elizabeth Perre, Speech Pathologist** on **7485 4091** to register your interest in attending this group or for further information about the Talkback group.

HENDON TALKBACK GROUP

Acacia Court is currently recruiting a Speech Pathologist. For details of the next Talkback Group ring **Chris Degioia**, the Co-ordinator of the Day Therapy Centre, on **08 8243 1844** in **early February**.

MT BARKER TALKBACK GROUP

We meet on **Thursday afternoons**, from **1 pm** to **2:30 pm**, at **Adelaide Hills Community Health Service**. The groups starts again in **February 2013**.

The Mt Barker group is looking for more members! For more information, contact **Anna Cameron, Speech Pathologist** on **8393 1833**.

TALKBACK GROUPS

MURRAY MALLEE TALKBACK GROUP

The **Murray Bridge** group meets at the Murray Mallee Community Health Service. We meet on **Wednesdays 10:00 -11:30am**.

Contact: **Daniella Raj-Marsden** (Speech Pathologist) **8535 6800** for session times in **2013**.

HOVE TALKBACK GROUP

The group takes a break during school holidays.

Please Note: The redevelopments at **Alwyndor** are almost complete. Consequently, from **Tuesday November 6th** the Hove Talkback group will relocate back to **Alwyndor** and meeting time will **change back** to **10.00 - 11.30am**.

Please contact Coralie for information on 2013 session groups.

For further information, contact **Coralie Hayley, Speech Pathologist** on **8177 3277**.

MORPHETT VALE TALKBACK GROUP

The group takes a break during school holidays. They will resume **in 2013** at **9.45am - 11.00am** at **126 Pimpala Rd, Morphett Vale**.

Please contact **Coralie Hayley** at Southern Therapy Service, ECH, on **8322 5700** for further details on 2013 session times.

TALKBACK GROUPS

VICTOR HARBOR GROUP

Christmas in Victor Harbor

The Victor Harbor Talkback Group has had an interesting program this term.

We welcomed 2 visiting speakers. Pat Uphill spoke about a trip to Heron Island and the birdlife there. Alan Jones talked about World War 2 Evacuees. He was a child in England at the time, and was moved to America for several years.

We are all looking forward to our Christmas morning tea. I would personally like to **thank** our **3 amazing volunteers, Marilyn Jordan, Lorraine Lyell** and **Krissy Ferber** for their help and support all through the year!



**“Christmas Greetings from the Victor Harbor Talkback Group
We welcome any visitors who would like to visit us in Term 1, 2013”.**



Front: Paul, Joan, Alan, Neil. **Back:** Pauline, Neil, Wendy, Chris, Lorraine, Ken

SPECIAL GROUPS

COMPUTER CLUB

The computer club is on **break** from **10th December til the start of February**. It will meet again on **4th February**. Next year the computer club will continue to be largely run by student volunteers. If anyone is interested on joining the group, please ring me on **8222 1463 (work)**

Bev Dodd

Chair

MARDEN COFFEE CLUB

Hi Coffee Lovers

If you are in the area, call in and have a decent cup of coffee. We have 6 - 10 people who meet every **Tuesday** from **11 - 12pm**.

Ring me, David on **8336 8550** about the **Marden Coffee Club**.

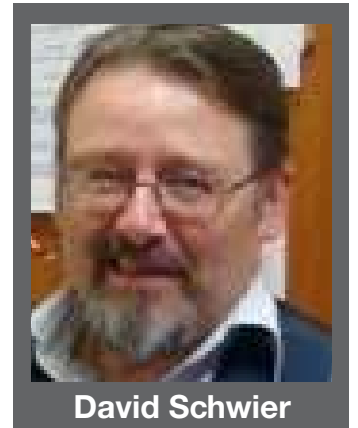
David Schwier

Talkback Member

HENDON GROUP COFFEE CLUB

The **Hendon Group Coffee Club** meets every **Thursday** morning at **10.00am** for approximately one hour at *Cinos Cafe*, West Lakes.

Anybody wanting more information or to go along and have a chat, please ring the Talkback office on **8443 5555**.



ALBIE'S SNIPPETS

“RIVER TOWNS”



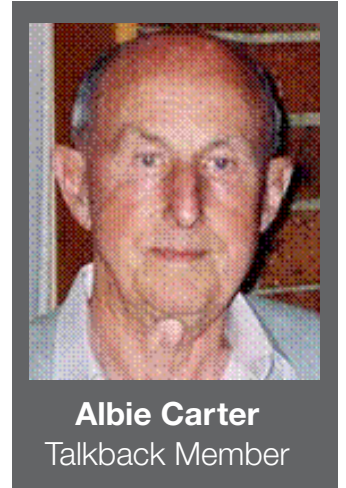
We have seen many towns. Some are small towns, and others are bigger. This time we went to see **Morgan** and others. We stopped at an old small hotel. Many years ago I have heard on the ABC radio (it maybe about “Macca”). The hotel is at the place is named **Mount Mary**, and has about two houses.

The hotel is **good**, and it was **built in 1894**. It is clean, the bar is interesting, information on the wall, and many things hands-up at the ceiling. It has good food, and it is about **20km** before **Morgan**.

Morgan town has a river that has a big bend—and, the river turns from east to south. This town is very history, and it started in 1878. As years ago Morgan was the busiest inland port in South Australia. The historic wharf and the paddlesteamers era.

The **Landseer Building** once a shipping agents **stonehouse**, now it is a **museum**. Many trains

run from Morgan to Adelaide for passenger and freight. The paddles-steamers and the trains, and the rails have gone. Now the new trucks shift everything. Part of history and development is sending water from **Morgan** to **Whyalla Pipeline**. (Viv used to live in Port Augusta as a young child and she



Albie Carter
Talkback Member



can remember as they can run along on top of the pipelines). Antiques—if you want to see wonderful artistry, jewelry, old type tools, etc.

ALBIE'S SNIPPETS

Next town **Cadell**. The name is from Captain Francis Cadell. He successfully navigated the river steamboat in 1853 and recognized the Murray River trade. Cargo of wool and sheepskins.



The next “place” is **Overland Corner Hotel**. The story that Overland Corner was popular with



weary travelers, and offered a convenient place to rest for drovers moving thousands of sheeps across South Australia to N.S.W.

Cadell was established in **1919** as a **Soldiers Settlement** in from W/War I. To go to the town, you drive down a steep road on to the ferry, run on the ferry, then drive-up a very steep road. Then you can see a marking high on the tree showing the flood in 1956.

About 40km we got **Waikerie**. The “**Murray River Queen**” was build by late Keith Veenstra at **Goolwa** in 1974. Now the “Queen” permanently moored in Waikerie. It can be used in different ways.

during the 1880s. The Overland Corner Hotel was built in 1859.

The days are good, so we stayed at **Renmark**. Renmark is Australia’s oldest irrigation settlement. The town was founded in 1887.

During 19-28 October 2012 the town held the “Rose Festival”

Next year we hope to go back to Renmark and see the “Roses and Gardens”

Albie



TALKBACK ARTICLE

Playing Games Online

In last week's Computer Club session we learnt how to play games using the internet. Games are often played for fun and relaxation. They can also be played to exercise the brain. They can help to increase memory, attention, problem solving, speed and flexibility.

PopCap Games:

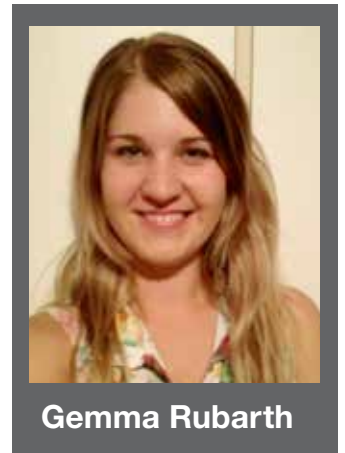
1. Type "Popcap games" into google.
2. Click on **PopCap Games – Play the World's Best Free Online Games**
3. Click on "online games".
4. Scroll through the list of games until you find "Bejewelled 2" and click on it.
5. Wait for the advertisement to finish and wait for the game to load (this may take around 1 minute)
6. When the game has loaded, click on "classic" mode
7. Read the instructions on how to play
8. Press continue
9. Begin playing the game by clicking on gems to move them. The aim is to place 3 or more gems in a row.
10. Read the boxes of information that pop up on your screen, and then click "continue".

Playing Bookworm:

1. Click on "online games" again.
2. Scroll down to the "Bookworm" game and click on it.
3. Wait for the game to load.
4. Click on "learn how to play"
5. Read the instructions
6. Click on "click here to continue" when you are finished reading.
7. Click on "play game" to begin.
8. Read the boxes of information that appear on your screen, then click on "click here to continue"

Games for the Brain:

1. Type "**games for the brain**" into google.
2. Click on Games for the Brain
3. Click on "checkers" to play a game of checkers.
4. Click on "rules".
5. Read the last 4 paragraphs of the rules (e.g. The paragraphs starting with the headings: "Moving", "Jumping", "Kinging", and "Red moves first").
6. Press the back arrow (top left of your screen) to go back to your checkers game when you have read the rules.
7. Click on the orange pieces to move them. The computer is your opponent and it will move the blue pieces.



Gemma Rubarth

Word games:

1. Type 'word games' into google
2. Click on **Word Games - Play Word Search, Crossword, Puzzles** and
3. Click on "daily games".
4. Decide whether you would like to play a Word Search or Sudoku or Wordoku.
5. Click on the level you would like to play (i.e. "easy", "medium" or "hard")
6. Read the instructions on the screen under the heading "how to play".
7. Begin your game.

By Gemma Rubarth

Computer Club Student

TALKBACK ARTICLE

AAA Conference - Melbourne October 2012

I attended the conference in Melbourne along with Josie Kemp Speech Pathologist, Ken Smith, Wolf and Meri, Ingrid and Hans.

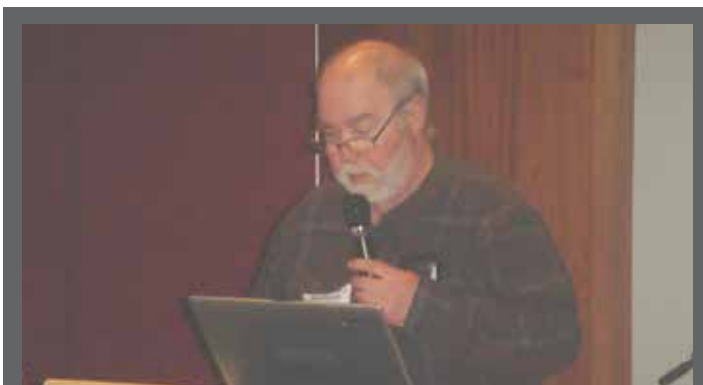
The conference was good and it was fun to catch up with so many friends I have met over the years. I enjoyed meeting new people and hearing their stories and especially how they are living with Aphasia. It was also good to catch up with Deb Hersch.

The next conference is in **Perth** in **2014**, I recommend you go if you can. It's a great support for people with Aphasia to meet others and learn from each other.

Danny Dichiera
Editor



South Australian group at the Conference from **Left** - Josie, Ken, Meri, Wolf, Hans, Ingrid & Danny



Ken Smith during his speech at the AAA Conference in Melbourne

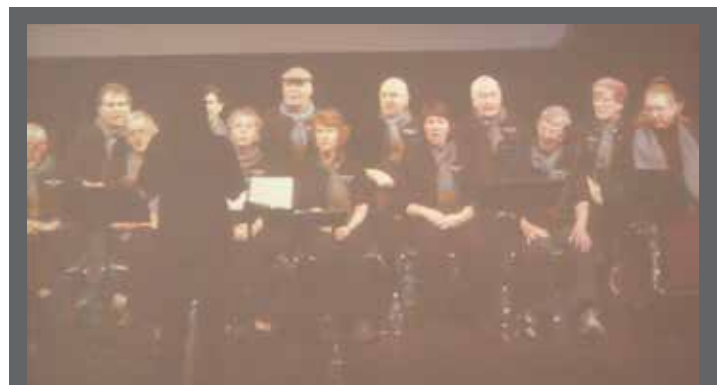


Claire Hanney at the AAA Conference Melbourne

TALKBACK ARTICLE



Robyn O'Halloran Chairperson AAA Victoria



Victoria Aphasia Choir

COMING EVENTS



Come and celebrate the festive season with a Christmas get together for the SA Talkback community!

Talkback members and their families are invited to join the Talkback committee in celebrating another successful year together.

Christmas Dinner

At Fedora's Casual Restaurant, Hilton Hotel

December 19 at 7pm

264 South Rd
(Corner of Sir Donald Bradman Drive and South Rd)

Visit <http://www.hilton-hotel.com.au/> for Fedora's casual menu and prices

Please RSVP by Wednesday December 12th
to Bev Dodd at bevdodd@internode.on.net
Or call (08) 82221463 (wk)

*Taxi subsidies are available for members

The next **Talkback Newsletter** will be published in
MARCH 2013

This is **YOUR** newsletter and we want to hear from you !!

Please send articles to us by 9th of MARCH 2013 (at the very latest)

Opinions contained in this newsletter are those of the individual writers, and are not sanctioned by the Talkback Association. Please consult your medical practitioner for any health advice required.